

**Paddle SAFE Comments – Participants understand & agree to the following:**

1. **Risk Assessment** - Each participant makes a **“GoNoGo Decision”** based on the weather, the water, your skills, your training and your experience with the understanding that:
  - a. **You are engaging in an activity with inherent dangers,**
  - b. **You accept & acknowledge you are participating at your own risk, and**
  - c. **You are responsible for your own safety and to use your own judgment.**
2. **Always Wear a Fully Secured Pfd While on the Water**, for your safety and safety of the group.
3. **Avoid Conditions & Situations Beyond Your Abilities**, your Physical or your Emotional Strength
4. **Dress for Water Temp & Immersion.** Cold Wtr-Wear wet/dry suit. Carry dry clothing in waterproof bag
5. **Paddle with Others** – Each Participant is responsible that we **Stay Together** –  
Using either a **Team Paddle** or a **Group Paddle** Format
  - a. **Team – Paddle together in smaller units (3-6) – Being sure no paddler is left behind**
  - b. **Group – Paddle together as single unit w/ Lead & Sweep – All Adjust To Pace Of Group**
6. **Dispose Of All Waste Properly** - Minimize your impact and **Help Care For Our Watershed**